Allison Akins is a 7th generation young Cabot Dairy Farmer from Five Mile Farm in Lisbon, NY. The Akins family has a history of farming that goes back nearly 200 years, continually innovating as true stewards of the land with sustainability and future generations in mind.

On the farm, Allison oversees the calves and drives her trusty old dump truck for crop work alongside her father, brother, and grandparents. Off the farm, she’s spent countless hours volunteering both at home and abroad. For her, promoting volunteerism and spreading gratitude are values close to her heart.

Throughout 2019, Allison will be traveling up and down the East Coast on the Farmers’ Gratitude Touring Team getting to know our fans in each community, sampling Cabot products, honoring volunteers and supporting non-profit fundraising events.

Allison loves to share her passion about the World’s Best Cheddar, what Cabot is doing to support communities and other topics including:

- Cabot’s Department of Gratitude
- Live Cooking Demos
- Supporting Farmers by Eating Local
- Sustainable Farming Practices
- Cabot’s Centennial Celebration

To learn more about Cabot Creamery Co-operative, visit cabotcheese.coop.

To Schedule an Interview or Appearance with Allison or another of the many Cabot farmer owners who share her passion, please contact Dana Swinney at dana@danaswinneypr.com or (518) 694-1204.